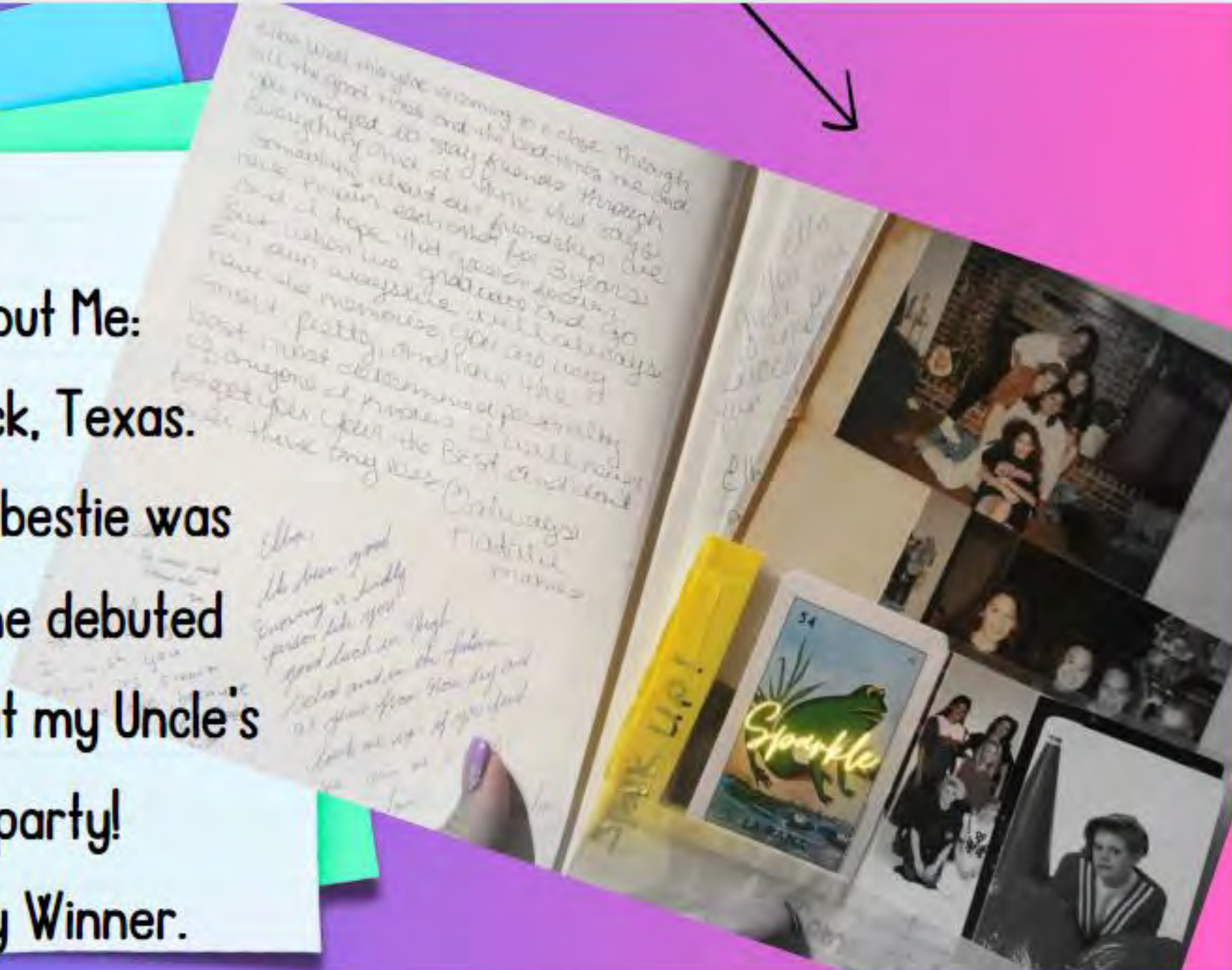


Fun Facts About Me:

I'm from Lubbock, Texas.

**My middle-school bestie was
Natalie Maines. She debuted
one of her songs at my Uncle's
going away party!
13 time Grammy Winner.**



LWSD PTSA Special Education Group, FACE




Workshop Goals

First goal

- Learn and share best practices:
How to deliver sensory friendly, disability inclusive PTSA events and extra curricular activities at home and school.
(RISE, Setting?)

Second goal

 Community Building

Third goal

- Share ideas for future events
- Share ideas for Parent Education, Coaching, Training



awards of excellence

- 2019, Taking Significant Action, Gold
- 2023, Advocacy, Silver
- 2024, FACE? Goal is to DOCUMENT effort to help others.



training

- How to Welcome Diverse Perspectives into your PTSA
- 10 minutes to PTA the Transformative Way
- Zones of Regulation Training
- LWSD Volunteer Training
- LWSD Volunteer Applications
- PTSA BOD, Courageous Conversations

WE CAN DELIVER COURAGEOUS CONVERSATIONS TRAINING!

EXAMPLE: LWSD Elementary Art Docent Training: Feb. 27

PTAs Taking Significant Action Award of Excellence

Elizabeth Blackwell Elementary
Kerri Miller, Elba Gonzalez, Sharyn Routh
3225 205th PL NE
Sammamish, WA 98074



A National PTA Initiative
**The Center for Family
Engagement**

How to Welcome Diverse Perspectives into your PTA

PTAs are strongest when their leaders and members reflect the diversity of their own communities. Multiple perspectives help to solve tough problems by bringing a variety of solutions to the table. Try these five strategies to help build a more inclusive PTA.

1. Learn more about the community your PTA is serving.

- + **Don't** assume you know what is happening in the community or that you understand the different cultures represented.
- + **Do** ask questions to understand:
 - What are the different cultural values of families in the community?
 - What languages other than English do families in our community speak?
 - Are the PTA and school mindful of the diverse needs of families?
 - What are some of the stigmas that could affect PTA involvement?

2. Avoid tokenism.

- + **Don't** ask a parent to be the lead of a subgroup simply because they belong to it. Your one international parent that is a PTA member shouldn't be in charge of inviting the other parents to the multicultural festival.
- + **Do** reach out to minority populations within your school for all events. The outreach should be performed throughout the year, not only for multicultural events.

Sacajawea PTA in Washington State created a parent-led equity team. The equity team plans and organizes inclusive schoolwide PTA events and helps ensure that PTA activities are being reviewed through an anti-bias lens.

Equity initiatives include:

- + Bringing culturally diverse speakers and performers to school events and assemblies
- + Creating a cross-cultural events calendar for the weekly school newsletter
- + Translating school and PTA communications into multiple languages
- + Collecting immigration resources and information
- + Securing technology grants to give students increased computer access at school
- + Providing anti-bias teaching resources
- + Organizing workshops and trainings for staff, parents and students




"Whenever we get a few Latino leaders in, they tend to get overworked and burned out. They end up being stretched out the thinnest out of our leaders...As we increase our leadership, we need to make sure that they get to provide leadership and not get stuck in a rut of always



Neurodiverse Inclusive Education Support (NIES)

January 2019

Sharyn Routh | Elba Gonzalez
Blackwell Elementary Special Needs [PTSA](#) Committee



PTSA Program Supports

- Early Entry or Ticketed Entry to reduce crowd size
- Noise cancelling Headphones, Sunglasses, Fidget Bags
- Mentors AND Peer Buddies from classmates to Scouts and Athletes For Kids
- Siblings "All Are Welcome"
- Social Stories
- "Chill Room," Movement Areas, and Sensory Stations
- Cruncy Snacks and Ice



*SEG Programs (Special Education Group)

- Talent Show
- Gingerbread Decorating Party
- Meet the Mascot, Low Sensory School Tours
- End of Year Pizza Party and Touch a Truck
- Online Parent Education (ARC Support Group, Fridays 10AM)

Survey Families. Communicate. Connect. PTSA Newsletters. Principal's Message. Counseling Corner. Resource Room Round-Up.



PTSA Program Supports



Noise Cancelling Headphones

Boo Fest 2023



Early Entry and Buddies

Boy Scouts, Athletes For Kids

Sensory Friendly Room, Cultural Heritage Night.

Movement, ribbon and bubble wands.

Standing Centers for Arts and Crafts and Sticker Station, How to Draw Pokémon Station.

Selfie Station

Parent Respite and Sensory play area.

The Sensory Area gets messy, but this moment demonstrates how Sensory Spaces provide a break for parents too! Use tables to separate area and create flow.

REMINDER to price out reusable tarp similar to what painters use during Budget Meeting in Spring or use model magic and squeeze balls for less clean-up.

I usually get Teddy and Mr. Moore Starbucks day after as staff appreciation for sharing building space with SEG Families.

sensory playroom



Blackwell PTSA, You Rock!

Posted on June 4, 2023 by LWPTSA Webmaster

At our June 2023 membership meeting, Lake Washington PTSA Council awarded the final *You Rock!* award of the year to **Elizabeth Blackwell Elementary PTSA** in recognition of their May 2023 virtual talent show.

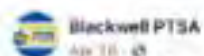


Students, parent volunteers, Blackwell's principal Jim Eaton, and Blackwell music teachers collaborated on the promotion and production of this fun family engagement program, using **videos** and a virtual presentation to **boost participation** and allow for **greater inclusion** across the school community.

A total of **147 one-minute videos** were submitted and cut together, then presented virtually during a live evening event on May 18 as families and staff members watched from home. Engagement in this year's show *doubled* from the previous year, and included many staff members as well as students.

Congratulations, Blackwell PTSA! Learn more about our You Rock! awards.

Families sent in videos (we used a form to upload on our website)



Calling all Bobcats! EVERYONE is invited to submit a video for our talent show - we need more videos! Check out all the details here <https://www.blackwellpta.org/talentshow2023>



Those who sent in a video received a bobcat paw medal in school the following week

3 Families Hosted Live and Staff sent in videos too



Students and families watched live at home



SEG Programs



Summer Send Off 2023



Gingerbread Party 2023

CHALLENGE:

Create Student Leadership Opportunities for Neurodiverse Students!

Community Building Opportunity!

- Blackwell SEG families would like to partner with 20 SEG families from different LWSD schools to deliver our 2024 SEG Summer Send Off Event.
- We need a location.
- We need volunteers. 10 LWSD Adult volunteers total.
- We need to fundraise or submit grants and/or In Kind Donation Requests totaling approximately \$650 for pizza and art and crafts.
- Submit to Elba75@live.com if you would like to be considered.

"Mascot Love" Playground Meet Up, 2-9-24



upcoming events

- February 9, Mascot Love Meet-Up
- February 14, "Better Together"
- Developmental Disabilities Awareness and Acceptance Month
- March 8, Bubble Fun PTA STEM At Home
- March 21, World Down Syndrome Awareness Day
- April 5, Autism Acceptance
- May 23, SEG Pizza Party (Partner with another school)

- Wednesday, August 6, SEG Family Meet Up at Sammamish Farmers Market
- Saturday, October 12, SEG Family Meet Up at Serres Farm

CHALLENGE:
Host a gratitude event
February - April!



March 8, Just Ask by Supreme Court Justice, Sonia Sotomayor, Little Library Book Drop!!!

- Training, Courageous Conversations for all PTSA BOD members
- Community Building
- Create "Buy In" from Building Team and PTSA Leadership (Get on Nom Com and Budget Com and Grant Com)
- 2024 School Inclusivity Audits, USE PTSA DEI GUIDES
- 2024 Inclusive Schools Week, Year in Review

Hispanic Heritage Month 2024

September 15 - October 15



- Little Library Book Drops
- Community Book Study
- Story Walk