

### BEST**BUDDIES**.

Best Buddies International is the world's largest organization dedicated to ending the social, physical and economic isolation of the 200 million people with intellectual and developmental disabilities (IDD). Our programs empower the special abilities of people with IDD by helping them form meaningful friendships with their peers, secure successful jobs, live independently, improve public speaking, self-advocacy and communication skills, and feel valued by society.

Who We Serve

The IDD community that Best Buddies serves includes, but is not limited to, people with Down syndrome, autism, fragile X syndrome, Williams syndrome, cerebral palsy, traumatic brain injury and other undiagnosed disabilities.

History

Founded in 1989 by Anthony Kennedy Shiver, Best buddies has grown from one original chapter to a worldwide organization, positively impacting the lives of millions of people with and without IDD.

Vision

To put ourselves out of business.

Anthony Kennedy Shriver Best Buddies Founder

Our Global Impact

Best Buddies National & International Programs

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Continents

State
Programs

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How Our Programs Work

Our Key Mission Pillars

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Friendship Programs

Our friendship pillar encompasses programs that offer socialization opportunities for people with and without IDD including:

- Elementary Schools
- · Middle Schools
- High Schools
- Colleges
- Citizense-Buddies

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Our programs provide meaningful

connections with their peers, gain selfconfidence and self-esteem, and share interests, experiences and activities that many other individuals enjoy.



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# Elementary School Friendship Programs



Designed to foster connections and community between students with and without disabilities, Best Buddies Elementary Schools engage the youngest students in inclusive activities that promote friendship, acceptance, and interaction. Best Buddies Elementary Schools help to model inclusion at a young age before stereotypes are formed while utilizing social-emotional learning tools to support students as they learn, play, and grow together.



Middle School Friendship Programs

Best Buddies Middle Schools
helps to create a place of
belonging, comfort, and fun
for students with and without
IDD. The Best Buddies
program strives to eliminate
social isolation and provide
engaging and integrated
events and activities with the
leadership of teachers and
students.



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### High School Friendship Programs



With an additional emphasis on leadership training, the Best Buddies High School program provides leadership development and skill building for students with and without disabilities to manage their chapter and develop the skills to lead a movement of inclusion in their school community.



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### What Makes Friendship Work

These programs build one-to-one friendships between people with and without IDD, offering social interactions while improving the quality of life and level of inclusion for a population that is often isolated and excluded. Through their participation, people with IDD form meaningful connections with their peers, gain self-confidence and self-esteem, and share interests, experiences and activities that many other individuals enjoy.

- One-to-one model
- Friendship based, not mentor
- Group events for
- engagement
   Integrated leadership opportunities for students

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## What You Need to **Start a Chapter**













PASSION FOR OUR MISSION





SOD(S)

The chapter may have more than one advisor. The advisor provides support to chapter by working closely with chapter president, and Best Buddies staff. Must be a member of the school's faculty or staff.

HAPTER PRESIDENT

**Leadership Team** 

Leadership Opportunities

Responsible for chapter management. This includes selecting and leading officers, planning meetings, communicating with teachers, parents, and buddy pairs, and ensuring fun and success.

OTHER OFFICERS

Other officer roles include Vice President, Secretary, Treasurer, and any other position you see fit. These officers will help plan events and support the chapter president in keeping the club on track.

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**Online Resources Best Buddies 360 Best Buddies University Chapter Leaders Toolkit**  Best Buddies International Toolkit · Membership Applications Resources Member Roster Best Buddies Basics Templates Trainings and Guides Impact Reports Tax ID Form Learn about Integrated
 Employment, Leadership
 Development, and Inclusive Living Mid-Year and Annual Reports · Chapter President Applications

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Why Best Buddies? What does Best Buddies do differently that sets our programs apart from other disability organizations? Life Cycle Volunteer Centric Inclusion starts here with our own Best Buddies programs and volunteer ograms and volunteer opportunities opportunities begin in elementary way! Without you, we couldn't Best Buddies is a place for everybody! school and continue through accomplish our mission of making the world an inclusive place!

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