



**"This film is
changing lives!"**

Heather McLean, Mental Health America, SWPA

MY ASCENSION

A film to spread hope and fight suicide



**Youth Suicide Prevention LWSD and LWPTSA
Invite Families to this Special Event.**

My Ascension Virtual Screening

***The documentary is available to watch online
from June 3rd to June 7th.***

**On June 7th at 7pm we will have an important dialogue
related to youth suicide prevention.**

The Film

A suicide attempt left 16-year-old varsity cheerleader, Emma Benoit, paralyzed, but propelled her on a mission to use her painful experience to **help others find hope and stay alive.**

MY ASCENSION is a feature length documentary that chronicles Emma's inspiring journey and quest to walk again. The film also highlights the stories of two remarkable young people who tragically did not survive their attempts, and we learn first-hand from their families, friends, school officials and suicide prevention experts about the devastating effects of suicide and **what can be done to prevent it.**

Register here for this free event

<https://tinyurl.com/MyAscensionLWSD>



“ A must watch for parents of teens and anyone working with teens. ”
**Emma's ability to tell her story in such an honest way creates a space for
others to speak freely about their own issues with mental health.**

Candice Feinberg, PSY.D, Executive Director, ROWI Teen & Family Wellness Center

www.MyAscension.us