



Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage and the skills to soar.



KINDERING FAMILY SUPPORT PROGRAMS

May include Zoom rather than in-person meetings.

Fathers' Network: Dads meeting other dads with children, birth to adult, who have special needs _____

- Monthly meet-ups
- Social events, some for dads, some for the whole family (i.e. Super Bowl party, camping)
- Sharing resources & information
- Closed Facebook group called "Kindering Dads" (request to join!)
- Contact fathers@kindering.org or 425.653.4286

SibShops: Support and guidance to siblings of children with special development or medical needs _____

Combines discussion, information, and many fun activities while connecting with other siblings

- Two age groups: 6-9 and 9-12 years old
- \$30 per session per child, includes dinner
- Scholarships or discounts may be available
- Registration is required
- Contact sibshops@kindering.org or 425.984.2623

Unexpected Journey: Workshop for parents on the challenges of raising a child with special needs _____

- Moms and dads contribute different strengths to their families and have different perspectives
- One-day structured discussion exploring the most important issues a family predictably experiences when having a child with special needs
- Learn from challenges and appreciate the joys of raising kids with special needs
- Safe, flexible, and fun environment
- Topics include:
 - Coping with grief and stress
 - Gaining family resilience
 - Nurturing the relationship you have as a couple
- See schedule and register at: kindering.org/unexpected-journey

Did you know Kindering offers pediatric therapy for children through age 10?

KidsClinic provides comprehensive evaluations and therapies to address issues in many areas such as physical therapy, occupational therapy, speech and language therapy. For more info visit kindering.org/pediatric-therapies.



KINDERING

Occupational Therapy - Physical Therapy - Speech and Language Therapy

KIDSCLINIC AT KINDERING

Therapy at *KidsClinic* will enhance a child's abilities, foster their independence and help them become more engaged at home and in the community.

Services are available for children ages birth through ten years old. Therapy is delivered at Kindering in Bothell and Bellevue in a family focused environment where children play while learning developmental skills.

We offer comprehensive evaluations and therapies to address issues in many areas such as:

Occupational Therapy

Emotional regulation
Sensory processing
Gross motor, fine motor & visual motor skills
Play & social engagement
Daily life skills: feeding, dressing, toileting, sleep
Functional cognition (problem solving & logic)

Physical Therapy

Muscle strengthening
Balance & coordination training
Torticollis
Toe walking & walking difficulties
Pain Management
Adaptive equipment management

Speech & Language Therapy

Language expression & comprehension
Stuttering & fluency
Articulation & speech sound production
Social communication/pragmatics
Alternative/Augmentative communication
Apraxia of speech/motor planning of speech

Therapies may overlap in some areas; please contact us for a referral to the most appropriate service. Kindering is a preferred provider with most insurance plans and we bill accordingly. We also accept private payment.

Individual Service Evaluations • Private Therapy • Peer Interactions • Feeding Groups

For additional information or to enroll in *KidsClinic*:
Please call (425) 653-4300, fax (425) 747-1069
or find us online at kinding.org/kidsclinic-private-therapy