

Game to Grow:

1. 501(3)(c) non-profit in Seattle
2. Therapeutically-applied gaming groups for 150+ youth each week
3. Education and training in the Game to Grow method
4. Specific groups for Foster youth, LBGQTQIA+, and trans youth





Our Fabulous Team!

*“Thank you for this amazing opportunity! My son left the group **radiant and smiling**, more relaxed and talkative than I have seen him in a year. This is just exactly what he needs. ...He lives in his head a lot of the time, and this is giving him a perfect venue to **connect with others** about what’s going on in there. So great!!”*
– Game to Grow Parent



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Who we serve:

- Youth ages 10+
- Adults
- Neurodiverse folks welcome, no diagnosis required
- Trans, BIPOC, LGBTQIA+ or other marginalized are most welcome!

Programs:

- Weekly, 90-min session (currently through zoom) in Washington, around the US, and internationally
- Tabletop Roleplaying games (e.g. *Dungeons & Dragons*)
- Minecraft (*limited availability*)
- Adult groups focusing on Empowerment, Empathy, Exploration

More information:

www.gametogrow.org



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