

Food Bank: Shop up to twice a month at a grocery-store model food bank.

Eligibility*: 300% FPL

Contact: Call front desk to schedule a food bank enrollment appointment. Self-declare income.

Financial Assistance: Limited financial assistance available for unexpected shocks (eviction prevention, medical bills, auto repair, loss of income)

Eligibility*: 200% FPL or 50% AMI

Contact: Screening opens on the 25th of the month. Centers vary in intake process. Call front desk for details.

Energy Assistance: Money towards energy bills or home heating costs.

--Two programs available: LIHEAP (federal program) and PSE HELP (for PSE customers only)

Eligibility*: 125% FPL for LIHEAP; 150% FPL for PSE Help

--LIHEAP requires proof of residency; PSE Help does not.

--You can be eligible for both, once per funding year.

--You do not need to be behind on payments.

--Available for many types of heat including electric, gas, wood, oil, propane

Contact: hopelink.org/energy | 425.658.2592

--In-person appointment, Phone appointment, or application "drop-off" option

Housing: Emergency Family Shelter, Transitional Housing, and Long-term Housing

Eligibility: 30-50% AMI (depending on the site)

Contact: Hopelink does not screen directly. Most programs are accessed through Coordinated Entry for All (CEA).

[Regional Access Points](#) are the entry point for CEA.

Family Development Program: Work one-on-one with a case manager to reach goals set by you. Focus areas can include housing, employment, parenting, etc.

Eligibility: 50% AMI, must have a child in the household under 18 years of age, and must reside in or have a connection to Hopelink's service area.

Contact: 425-883-4755 | Online form:

hopelink.org/need-help/family-development

Employment: Work with an employment coach to build your resume, prepare for job interviews, learn job-search strategies, and receive career development coaching

Eligibility: 200% FPL

Contact: 425.250.3030 | HEP@hopelink.org

Adult Education:

GED Classes: Free classes that prepare students to earn their GED or high school diploma. Classes are held year-round; new students are welcome to join at any time.

Eligibility: No income limit

Contact: 425-457-9685 | dmargolis@hopelink.org

English for Work: Free class for adults to develop English skills and prepare for employment. Offered quarterly.

Eligibility: No income limit, will prioritize lower-income if classes fill.

Contact: 425.250.3007 | englishforwork@hopelink.org

Financial Capabilities: Meet confidentially with a financial coach, and/or participate in group workshops and classes on budgeting, credit management, banking, etc.

Eligibility: No income limit

Contact: hopelink.org/need-help/financial-capabilities

Transportation: hopelink.org/need-help/transportation

Medicaid Brokerage: Free non-emergency medical transportation in King and Snohomish counties for medical services covered by Medicaid (can include bus fare, gas cards, or door-to-door service).

Dart Transit: Public transportation with some flexibility to go off regular routes. Standard public transit fare applies.

hopelink.org/dart-ride-request

Mobility: Travel education and resources to make it easier to get around King County. Available to all.

425-943-6760 | mobility@hopelink.org

*Participants must live within Hopelink's service area (North & East King County). See Hopelink.org for list of zip codes.

Programs Overview

Updated February 2020

Federal Poverty Level Monthly Income Guidelines				
Household members	125% FPL* (LIHEAP)	150% FPL* (PSE HELP)	200% FPL (Financial Assistance, Employment)	300% FPL* (Food Bank)
1	\$ 1,301	\$ 1,561	\$ 2,127	\$ 3,190
2	\$ 1,762	\$ 2,114	\$ 2,873	\$ 4,310
3	\$ 2,222	\$ 2,666	\$ 3,620	\$ 5,430
4	\$ 2,682	\$ 3,219	\$ 4,367	\$ 6,550
5	\$ 3,143	\$ 3,771	\$ 5,113	\$ 7,670
6	\$ 3,603	\$ 4,324	\$ 5,860	\$ 8,790

Area Median Income Monthly Income Guidelines		
Household members	30% AMI*	50% AMI* (FDP, Financial Assistance)
1	\$ 1,938	\$ 3,229
2	\$ 2,217	\$ 3,692
3	\$ 2,492	\$ 4,154
4	\$ 2,767	\$ 4,613
5	\$ 2,992	\$ 4,983
6	\$ 3,213	\$ 5,354